

CAPABILITY STATEMENT

MENOPAUSE & MIDLIFE WOMEN'S HEALTH

P&ECLINICAL EXPERTISE
PRACTICAL SYSTEMS

COMPANY OVERVIEW

Pause & Effect Consulting, LLC helps public-health partners, health systems, OB/GYN practices, and women's-health companies build menopause and midlife care that is evidence-informed, operationally practical, and easier for patients to access. Engagements connect clinical education with the workflows, tools, and patient resources required for consistent delivery.

CORE CAPABILITIES

01 Program & Service-Line Design

- 90-day launch and optimization plans
- Care pathways, referral criteria, and follow-up models
- Implementation roadmaps, roles, and measurable KPIs

02 Clinical Education & Provider Training

- Menopause hormone therapy and nonhormonal care
- GSM, sexual health, symptom assessment, and risk triage
- Case-based workshops, onboarding, and clinical refreshers

03 Workflow & Patient Experience

- Intake, triage, scheduling, and referral workflows
- Visit templates, documentation, and AI-enabled efficiency
- Access, consistency, capacity, and experience improvement

04 Patient Education & Digital Support

- Plain-language handouts, FAQs, and decision aids
- Clinical content review, patient journeys, and quality review
- Digital workflow design and implementation support

WHY PAUSE & EFFECT

- Led by a board-certified Women's Health Nurse Practitioner and Menopause Society Certified Practitioner (MSCP).
- Front-line clinical insight translated into usable systems—not theory-only recommendations.
- Patient-centered, equity-aware content designed for real-world health literacy and access needs.
- Flexible support for strategy, training, content, workflow redesign, implementation, and evaluation.

BUSINESS PROFILE

SAM.gov: Active
UEI: D27LPBY5UL59

CA DGS/OSDS: SB (Micro)
Certification ID: 2054964
Valid: 09/04/2026–09/30/2028

NAICS: 541611 (Primary)
611430 · 621399
Delivery: Virtual and onsite
Engagement: Prime or subcontract

info@pauseandeffectconsulting.com
pauseandeffectconsulting.com